



Nursery– Week 2 – Weekly Activities

Topic – Moving Along

Theme of the week:



Rail travel

Day Board:

Number of the week: **2**

Word of the week: **train**

Shape of the week: **square**

Colour of the week: **green**

Sound of the week: **r**

Watch someone go on a steam train ride:

<https://www.bbc.co.uk/cbeebies/watch/my-first-train>

Activities

We would like you to:

- Look for different kinds of transport when you do your daily exercise
- Fine Motor Skills: play dough - make railway tracks or cut out rectangles and circles to make a train.
- Put some trains in paint and then roll the wheels along paper to make patterns.
- Small World/Construction: Make a train from cardboard boxes



Maths

Put some numbers on your trains. 1-5 or 1-10

Challenge

Can you put your trains in order?



Numberblocks - Watch this video all about the number two!

<https://www.bbc.co.uk/cbeebies/watch/numberblocks-the-two-song?collection=numberblocks-songs>

Science

Water/Sand (if available): General play. Fill and empty bottles/jugs/bowls and just play in the sand, what can you make?

Take a look at these [ideas and suggestions](#)

Computing

<https://www.topmarks.co.uk/learning-to-count/helicopter-rescue>

Cbeebies - Bing

<https://www.bbc.co.uk/cbeebies/games/bing-build-and-play?collection=fun-activities-for-toddlers-and-preschoolers>

Make and Play 1 and 2

<https://www.bbc.co.uk/cbeebies/games/numberblocks-make-and-play?collection=fun-activities-for-toddlers-and-preschoolers>

English

- Practising pencil control by drawing train tracks with pencils, felt tips and chalks on the ground
- Phonics: Introduce the letter 'r' [rrrrr] What sound does it make? what does the letter look like? How do we write it? What objects begin with 'r'? [rabbit, rat, run, rocket]

Alphablocks – letter r

<https://www.bbc.co.uk/iplayer/episode/p08730tw/alphablocks-magic-words-18-meet-alphablock-r>

- Writing: Practise writing their name in lower case letters.

Listen to the story:

'The Train Ride' by June Crebbin

<https://www.youtube.com/watch?v=jHbE8kaBDKU>

Can you join in with the parts that are repeated 'what shall I see, what shall I see'

Have you been on a train before?

Where did you go?

What things did you see?

What things would you like to see on a train journey?

Wellbeing

(Honesty, Equality, **Creativity**, Respect, collaboration, Perseverance)

Spend some time being creative with your family members. Here are some ideas to help you out:

- *Making a train out of materials you have at home – have you got anything in your recycling boxes that you could use? Try cereal boxes and cardboard tubes or even jam jar lids.*
- *Making nature pictures outside*

Music

Sing along to these nursery rhymes by clicking on them.

[Down at the station](#)

[Melody – fast little train:](#)

[Groovy Moves: Bending and Jumping.](#)

PE

Practise your balancing skills. Can you balance a cuddly toy on different parts of your body? Now can you try and balance a tissue on different parts of your body?

Which one was easier to balance? Now have a go with different items in your house. Have fun!



Cosmic Kids Yoga - 'Diggory the dumprtruck'

<https://youtu.be/lppLhOFI3iw>