



GIG MILL PRIMARY SCHOOL

Together we care, together we succeed

June 2023

Dear Year 4 Parents/Carers

If you were unable to attend the meeting with the school nurse, below are the key points of what she discussed, she will be working on these key points with the children on Thursday 29th June:

- Personal hygiene- sweat, washing properly and cleaning teeth.
- Importance of sleep
- Children will watch:
<https://www.youtube.com/watch?v=D5BtvQqbWs>
- Girls will also have a session on about Periods

If you have any questions please contact myself through the school office.

Kind Regards

Alison Suchomski
Assistant Head teacher, DSL and Inclusion Leader