

Curriculum Intent and Breadth Map - PSHE



PSHE Intent At Gig Mill Primary School, our PSHE curriculum is designed in line with the PSHE Association Programme of Study (2026) and updated statutory RSHE requirements. Through a carefully sequenced and progressive curriculum, we equip pupils with the knowledge, skills and attitudes needed to lead healthy, safe and fulfilling lives. Our curriculum enables children to develop positive relationships, understand and manage their physical and mental wellbeing, stay safe both online and offline, and become responsible, active citizens. Learning is delivered through a spiral curriculum that revisits and builds upon key concepts, ensuring knowledge and skills are embedded over time. We promote respect, inclusion, resilience and responsibility, helping pupils to understand diversity, challenge stereotypes and value the contributions of others. Through relationships, health education, economic wellbeing and careers education, pupils are encouraged to make informed choices, communicate effectively and contribute positively to their communities. By the time they leave Gig Mill Primary School, pupils will be confident, respectful and well-prepared for the opportunities, responsibilities and challenges of life in modern Britain.

		Autumn		Spring		Summer	
Key Stage 1	Year 1	Making friends: playing and learning together	Mental health and wellbeing	Celebrating me, you and our families	Safety at home	Being healthy	Showing kindness to ourselves and others
	Year 2	Mental health and wellbeing	Keeping safe online	Me, my body and staying safe	Money and work	Safety outside the home	Looking back and moving on
Key Stage 2	Year 3	Me, my friends and belonging	Mental health and wellbeing	Building healthy habits	Making choices online	Keeping safe out and about	Looking out for each other
	Year 4	Mental health and wellbeing	Exploring ways to manage risk	Forming respectful relationships	Money matters and news literacy	Me, my body and growing up	Families and growing together
	Year 5	Friendships, stereotypes and bullying	Mental health and wellbeing	Positively engaging with our world	Respecting boundaries	Safe connections online	Embedding healthy habits and learning first aid
	Year 6	Mental health and wellbeing	Managing money and online spending	Developing our AI literacy	Drug education: assessing risk and managing influences	Changes in puberty (and sex education)	Looking to the future