

GIG MILL PRIMARY SCHOOL

Together we care, together we succeed



Dear Parents and Children,

We will be celebrating the end of world autism acceptance week at Gig Mill School on **Monday 4**th **April.**

We would like the children to wear one item of clothes that is different to their normal school uniform to show that we are all unique e.g. a red shirt, a coloured bow tie, a blue jumper, yellow skirt etc., rest of clothes are to be school uniform

During this special day children will explore what makes us special and unique. The children will also think about what they can do to help children who do have autism, whose differences sometimes make their days challenging. Children will also learn how being autistic isn't just about finding things difficult, it is also about having incredible strengths.

Kind Regards

Mrs Suchomski- Assistant Head Teacher, DSL, Inclusion Lead And

Mrs Jackson- Teacher in Charge of the ASD BASE

Understanding autism

Autism is a lifelong disability which affects how people communicate and interact with the world. There are approximately 700,000 autistic adults and children in the UK.



Autistic people:

- need more time to process questions, requests and instructions
- may struggle meeting new people
- may struggle to pick up on unwritten rules
- may find office environments overwhelming
- may struggle with small talk and workplace relationships

Autistic strengths:

- intense focus
- attention to detail
- · considered and reflective approach
- honesty and integrity
- creative thinking

"With just a little more acceptance, understanding and a few simple adjustments, more autistic people would be able to enter the workforce and put their amazing talents to use."

Chris Packham CBE, autistic man and National Autistic Society Ambassador

How to help autistic colleagues:

- give clear instructions and put important points in writing for clarification
- don't rely on body language or facial expressions to communicate
- give anxious or agitated colleagues space and time to recover
- offer to be a buddy for workplace social events

1 in 100 people are autistic

Help create a society that works for autistic people



World Autism Acceptance Week 28 March - 3 April 2022

www.autism.org.uk