

YEAR 1 AUTUMN 1

FOUNDATIONAL KNOWLEDGE AT HOME

Little and often makes a big difference!

Helping your child remember the key knowledge they are learning this half term.
Just 5-10 minutes each day can strengthen long-term memory and build confidence.

Have fun, make it practical and celebrate every success!



KEEP REMEMBERING

Building on Reception

These facts should continue to become automatic.

10 Count to and across 10.

Try this...
Count stairs, toys, snacks or steps as you go.

4 Recognise numbers to 10.

Try this...
Spot numbers around you: doors, buses, price labels.

1 Say one more and one less to 10.

Try this...
Use objects or numbers you see every day.

3 Recognise and name 2D shapes: circle, square, triangle, rectangle.

Try this...
Look for shapes at home or when you're out and about.

2 Compare groups of objects using more than, less than and equal to.

Try this...
Use toys, fruit or anything you have at home.

1 Talk about time using morning, afternoon, evening and night.

Try this...
Talk about your day and what comes next.



Retrieval practice strengthens memory and builds confidence.



THIS HALF TERM



Maths KIRFs (Autumn 1)

We are learning to recall automatically:

- ✓ Number bonds to 10.

Examples

$0 + 10 = 10$	$10 + 0 = 10$
$1 + 9 = 10$	$9 + 1 = 10$
$2 + 8 = 10$	$8 + 2 = 10$
$3 + 7 = 10$	$7 + 3 = 10$
$4 + 6 = 10$	$6 + 4 = 10$
$5 + 5 = 10$	

Try these at home



Use a ten frame

Fill the frame and see the other part that makes 10.



Make 10 with objects

Use counters, toys or snacks. How many more to make 10?



Quick-fire questions

Ask: "3 and what makes 10?" or "7 and what makes 10?"



Playing cards

Turn over two cards. Do they make 10?



Communication & Language (Autumn 1)

We are learning to:

- ✓ Listen carefully and respond appropriately to adults and peers.

At home you could

- ✓ Listen when someone is talking.
- ✓ Look at the person speaking.
- ✓ Wait for your turn to talk.
- ✓ Respond using kind words.
- ✓ Answer questions carefully.



KEEP BUILDING

Skills we develop throughout Year 1



Handwriting

Throughout Year 1 we continue developing:

- ✓ correct letter formation
- ✓ consistent letter size
- ✓ correct orientation
- ✓ sitting letters on the line
- ✓ leaving spaces between words
- ✓ beginning to join letters
- ✓ increasing fluency and stamina

Practice through:



postcards



holiday diary



shopping lists



recipes



letters



Spelling

Throughout Year 1 we continue building:

- Phase 5 phonics and alternative spellings
- Common Exception Words
- Tricky words
- Adding:
 - s -es -ing -ed -er -est
- Using 'ing', 'ed', 'er' and 'est'
- Capital letters and full stops
- Question marks and exclamation marks



Little and often practice helps these become automatic.



HOW CAN I HELP AT HOME?

You don't need worksheets.

Five minutes is enough.

Try:



Ask quick-fire number bond questions.



Ask questions while cooking.



Spot groups of 2-10 when shopping.



Play simple games with numbers.



Always ask "How do you know?"



Praise effort more than speed.



READ EVERY DAY!

Read together for 10-15 minutes every day.

Talk about:

- ✓ What happened?
- ✓ Why did that happen?
- ✓ Favourite character.
- ✓ Predict what might happen next.
- ✓ Explain new words.

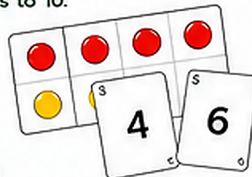


NUMBER BONDS PRACTICE

Play quick games to practise number bonds to 10.

Ideas:

- ✓ Ten frame
- ✓ Number cards
- ✓ Snap
- ✓ Dominoes
- ✓ Make 10 with objects



BBC BITESIZE

123

Maths (KS1)

[bbc.co.uk/bitesize/subjects/z3gd42p](https://www.bbc.co.uk/bitesize/subjects/z3gd42p)



English (KS1)

[bbc.co.uk/bitesize/subjects/z3f3d2p](https://www.bbc.co.uk/bitesize/subjects/z3f3d2p)



Games and activities

[bbc.co.uk/bitesize](https://www.bbc.co.uk/bitesize)

Free videos, games and activities to support learning.



Little and often is always better than lots all at once.



Make learning part of everyday life.



Strong foundations support future success.



Praise effort and celebrate progress.



Have fun learning together!